

**UNIVERSITY OF CRAIOVA**  
**PHYSICAL EDUCATION AND SPORT FACULTY**  
**SPORT SCIENCE COUNCIL OF ROMANIA**



7<sup>th</sup> INTERNATIONAL CONFERENCE

**"PHYSICAL EXERCISES - A COMPLEX AND MODERN WAY TO  
PROMOTE HEALTHY LIVING"**

**25th Anniversary of Faculty of Physical Education and Sport  
from Craiova**

29-31 OCTOBER 2015  
CRAIOVA – ROMÂNIA

**Thursday, October, 29<sup>th</sup>, 2015**

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**10.00 -12.00** - Special session for students

**12.00-16.00** - Sports competitions organized by the occasion of the  
*Faculty of Physical Education and Sport in Craiova Days*

**Friday, October, 30<sup>th</sup>, 2015**

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**09.00 - 10.00** - Arrivals And Registration **Faculty of Physical Education and Sport, Brestei Street, no.156, Craiova- HALL A**

**12.00 – 13.00** – Workshop **“3C Therapy-new approach in pshychomotor autistic rehabilitation”** – practic course, Chairperson: Lecturer PhD Germina Cosma

Speaker: Paul-Constantin Cojocaru – founder of 3C Therapy

**14.00-17.00** - Workshop **“3C Therapy-new approach in pshychomotor autistic rehabilitation”**– theoretical course

**15.00-16.30** – Workshop **„Sport Medicine-possibilities and limitation in sustaining the sports effort”**, Chairperson: Georgeta Niculescu

Speaker: Dr. Adriana Jicman- National Institut of Sport Medicine Bucharest.

**16.00-18.00** – Ordinary Meeting of the Forum Deans, Agronomie Complex

**18.00-20.00** – **AWARDING Ceremony “25 Aniversary” -AULA BUIA HALL**, Agronomie Complex

**20.30** – Opening dinner at **Europeca Hotel**, Pietății Street, no. 9-11-13.

**Saturday, October, 31<sup>th</sup>, 2015**

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**08.00 - 09.00** – Registration – **BLUE HALL –UNIVERSITY OF CRAIOVA**

**09.00 – 09.30** – Opening Ceremony and Wellcome  
The opening speech of the University of Craiova Managerial Team

**9.30 – 12.00** – Plenary Session

**9.30-10.00** – *"Opening the door to effective monitoring load and performance responses"*, **DR.MONOEM HADDAD**, Faculty Sport Science Program College of Arts & Sciences Qatar University

**10.00-10.30** – *"Postre control and the feet dimensions in children adged 7-10 years old."* **DR.HAB.MALGORZATA SOBERA**, University School of Physical Education in Wroclaw, Poland

**10.30-11.00** – *"Importance of exercise on adults obesity treatment"*  
**DR. PEDRO J. BENITO PEINADO**, Faculty of Physical Activity and Sport Sciences (INEF), Madrid

**11.00-11.30** – Prof. Dr. Irina Juhas, University of Belgrade, Faculty of Sport and Physical Education

**11.30 -12.00** – **Cofee break**

**12.00 – 14.00** – Oral presentation **BLUE HALL**

**12.00 – 14.00** **POSTER PRESENTATION CENTRAL HALL (near BLUE HALL)**

**12.00 – 12.30**– **Physical Education and Sport Session**

**12.30 – 13.00** – **Sport and Performance Session**

**13.00 – 13.30**- **Physical Therapy and Sports Medicine Session**

**13.30 – 14.00** - **Varia Session**

**14.00 – 15.00** – **CLOSING CEREMONY**