

# PROGRAMME

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- **22.10.2009**  
14<sup>00</sup> - 18<sup>00</sup> Arrivals and registration  
18<sup>00</sup> Opening ceremony  
19<sup>00</sup> Welcome cocktail
- **23.10.2009**  
8<sup>30</sup> - 9<sup>30</sup> Participants registration  
9<sup>30</sup> - 10<sup>00</sup> Opening ceremony on conference topics  
10<sup>00</sup> - 12<sup>00</sup> Oral presentations  
12<sup>00</sup> - 12<sup>30</sup> Coffee break  
12<sup>30</sup> - 14<sup>00</sup> Oral presentations  
14<sup>00</sup> - 15<sup>00</sup> Lunch  
15<sup>00</sup> - 17<sup>00</sup> Poster presentations
- **24.10.2009**  
9<sup>00</sup> - 10<sup>30</sup> Oral presentations  
10<sup>30</sup> - 11<sup>00</sup> Coffee break  
11<sup>00</sup> - 14<sup>30</sup> Poster presentations  
14<sup>30</sup> - 15<sup>00</sup> Conclusions, participation diplomas handing
- **25.10.2009**  
9<sup>30</sup> - 11<sup>00</sup> Students session, closing ceremony

## COURSES

**23.10.2009** 8<sup>30</sup> - 10<sup>00</sup> 15<sup>00</sup> - 17<sup>00</sup>

**24.10.2009** 8<sup>30</sup> - 10<sup>30</sup>

**Posttraumatic knee at sportsmen - evaluation, recovery, return to sportive activity**

**Jeff Konin**, Prof. - South Florida University, vice president of the Sports Medicine and Orthopedic Department, Tampa, USA

**24.10.2009** 11<sup>00</sup> - 12<sup>30</sup> 15<sup>00</sup> - 18<sup>00</sup>

**25.10.2009** 9<sup>00</sup> - 13<sup>00</sup>

**Techniques and methods for posture rehabilitation**

**Lello Crispini**, kinetic therapist and chiropractician, Bergamo, Italy

The courses will be credit with EMC points by the Romanian Medical College.

The participants' registration is available on line at the following address [www.ucv.ro/register](http://www.ucv.ro/register) and the registration fee payment can be effected on the account open at the Transilvania Bank RO13 BTRL 0170 1201 I496 77XX on name RUSU LIGIA (mention - fee for Conference). **Registration fee - 75 EUR**

**Accomodation: Craiova, Hotel EUROPA, 3\***, Str. Unirii, Nr.10A  
[http://www.tourismguide.ro/tgr/hotel\\_europa\\_craiova\\_1275.php](http://www.tourismguide.ro/tgr/hotel_europa_craiova_1275.php)



**UNIVERSITY OF CRAIOVA  
FACULTY OF PHYSICAL EDUCATION AND SPORT  
RESEARCH CENTRE FOR STUDIES HUMAN MOTRICITY  
ROMANIAN SPORTS MEDICINE SOCIETY**

**THE 2<sup>nd</sup> INTERNATIONAL CONFERENCE**

**"PHYSICAL EXERCISES- A COMPLEX AND MODERN WAY TO PROMOTE HEALTHY LIVING"**

**22-25 october 2009  
CRAIOVA – ROMANIA**

**THE 2<sup>ND</sup> ANNOUCEMENT**

## ORGANIZATION

University of Craiova, Faculty of Physical Education and Sport Craiova, Study and Research Center of Human Motion, Romanian Society for Sports Medicine, invite you at the 2<sup>nd</sup> International Conference proceedings " Physical exercise - complex and modern method of health promotion", which will take place on 22-25 October 2009 at the University of Craiova, Faculty of Physical Education and Sport, street Brestei, nr. 156.

The Conference - that we wish to become a reference manifestation - represents a special occasion of knowledge, communication and professional experience exchange between all that have through their preoccupations sportive activity, performance sports, kinetic therapy, medical recovery and sports medicine.

First of all, our Conference principal aim is to discuss the essential role of physical exercise for health state promoting and medical recovery.

### **Honour President:**

Rector - University of Craiova, Prof. Ion Vladimirescu

### **President:**

Dean, Prof. Marian Dragomir

### **Co-presidents:**

Prof Dorina Ortanescu  
Senior lecturer Maria Mirela Vasilescu

### **President of Scientific comitee:**

Prof. Taina Elena Avramescu

### **Secretary**

Prof. univ. dr. Ligia Rusu

### **Scientific comitee:**

Prof. Ligia Rusu  
Prof. Marcela Dragomir  
Prof. Taina Elena Avramescu  
Prof. Corneliu Orănescu  
Prof. Mircea Dănoiu  
Prof. Sergiu Cătăneanu  
Senior lecturer Maria Mirela Vasilescu  
Senior lecturer Anca Ionescu  
Prof. Corneliu Andrei Stroe  
Senior lecturer Glicheria Daian

### **Organizing comitee :**

Prof. Ligia Rusu  
Senior lecturer Sorina Cernăianu  
Lecturer Mirela Calina  
Lecturer Alina Albină  
Lecturer Roberta Ghețu  
Lecturer Andrei Tohăneanu  
Lecturer Eugenia Roșulescu  
Assist. Cătălin Forțan  
Assist. Germina Cosma  
Assist. Mihai Dragomir  
Lecturer Luminița Brabiescu Călinescu  
Assist. Mihaela Zăvăleanu  
Assist. Costin Nanu

### **Speakers:**

Jeff Konin – USA  
Ugur Clavak – Turkey  
UMMUHAN BAS ASLAN – Turcia  
NİLÜFER ÇETİŞLİ KORKMAZ – Turcia  
Lello Crispini-Italia

### **Secretariat:**

Lecturer Ghețu Roberta  
Lecturer Brabiescu Călinescu Luminița  
Lecturer Albină Alina  
Assist. Enescu Bieru Denisa  
Assist. Ana Maria Kesse

## INFORMATIONS

### **Topics of the conference:**

1. Physical education and sports
2. Sports and sportive performance
3. Kinetotherapy/Kinesiology
4. Sport management
5. Sports medicine
6. Medical recovery
7. Session of students essays

### **Presentation types:**

- Oral presentations (10 minutes)
- Poster presentations 70cm/90cm

### **Paper and abstract submit:**

Paper structure abstract edit in MS Word. Page setup-A4 2cm/2cm/2cm/2cm.

Title: Times New Roman, size=14, bold, max 90 characters align= left ;

- name and surname of authors (size=11)

- institution italic, size=11)

- abstract max 250words, key words (3-5) (size=10, italic

The abstract and paper in extenso will be publish in journal of Romanian Sport Medicine Association « MEDICINA SPORTIVA » indexed in Index Copernicus.

### **Important dates**

Deadline of abstracts submission: 15.09.2009

Deadline of papers submission: 20.09.2009

Notice of abstract acceptance: 01.10.2009

**Conference site address: <http://cis01.central.ucv.ro/exercitiulfizic/>**

Please send your abstracts and papers to: [efs\\_kineto@sport.ucv.ro](mailto:efs_kineto@sport.ucv.ro)

Contact person: Rusu Ligia tel. 0040723/867738