

## Curriculum Vitae

### Traila Liviu Alexandru

Department II – **Kinetotherapy and Sport Medicine**  
**Faculty of Physical Education and Sport**  
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#### PERSONAL

**mail address:** [talexandra1995@yahoo.com](mailto:talexandra1995@yahoo.com)

**Birth Date** – 28.03.1955

**Place of Birth** – Drobeta Tr. Severin

**Citizenship** – Romanian

#### Education

**Medecine and Pharmacy University “Carol Davila” Bucharest**, 1999 – 2005, Phd in Medicine, degree obtained - Doctor in Medicine, specialization Infections Diseases.

**University from Oradea**- Department of Education, Training and Perfecting of Teaching Staff, 2004, Postgraduated course of Pedagogical and Method. Ocupational areas covered: Psychology of Education, Pedagogy, Method of teaching Specialities, Pedagogical Practice.

Primary Doctor in General Medicine – 1998- degree obtained from Health Ministry.

**Health Ministry with participation of some specialists from University of Montreal-Canada, New York - U.S.A., School of Hygiene and Tropical Diseases London – Great Britain**, february – august 1996, Intensive Programme of Improvement, Qualification-Competencein Leading Medical or Social Services.

**Medical Institute Timisoara, Faculty of Medicine, Speciality Peditry**, 1977-1983, Diploma of Doctor.

#### TEACHING AND RESEARCH

**Academic Positions:** universitary reader, deputy dean since 2010; member in Teaching Concil of Faculty of Physical and Sport, University of Craiova.

Activities and responsibilities- teaching and/or seminars of disciplines: Functional evaluation, Pathophysiology, Education, driving re-education and functional in peditry, The recovery in sports traumatology, Recovery in respiratory affections, Massage, Ocupational therapy, Physical therapy in digestive affections.

Publications – Scientific articles:

- *The structure of kinetic recovery program for the hemiplegic adult patients* - The -IV-th International Conference "Physical Exercise – modern and complex way of promotion of health" , Craiova , 21-23 october 2011;
- *The Importance of physiotherapy in the functional recovery of spinal statics disorders determined by Epifizita Scheuermann* - The -IV-th International Conference "Physical Exercise – modern and complex way of promotion of health", Craiova , 21-23 october 2011.
- *The functional role of kinetotherapy for congenital hip dysplasia* – „International Congress and exhibition on kinetoterapy with International Participation” Căciulata, 6 - 8 mai 2011;
- *Original viewpoint on medical rehabilitation of multiple sclerosis by kinetic-physical treatment* - „International Congress and exhibition on kinetoterapy with International Participation” Căciulata, 6 - 8 mai 2011;
- *Current considerations on the role of kinetotherapy in rehabilitation of restrictive respiratory distress syndrome* – „International Congress and exhibition on kinetoterapy with International Participation” Căciulata, 6 - 8 mai 2011;
- *Optimizing physical treatment for lumbar spine discopathy in elderly people* – „International Congress and exhibition on kinetoterapy with International Participation” Căciulata, 6 - 8 mai 2011;

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- *Structuring rehabilitation kinetik program for scapulohumeral periarthritis* – „International Congress and exhibition on kinetotherapy with International Participation” Căciulata, 6 - 8 mai 2011;
- *The importance of a complex physiokinetic treatment in rheumatoid poliartthritis*, The III-th International Conference "Physical Exercise – modern and complex way of promotion of health", Craiova, 28-30 october 2010.
- *The functional role of kinetotherapy for scapulohumeral periarthritis*, The III-th International Conference "Physical Exercise – modern and complex way of promotion of health", Craiova, 28-30 october 2010.
- *The benefit of the kinetic programme for the functional recovery of elbow arthritis*, The III-th International Conference "Physical Exercise – modern and complex way of promotion of health", Craiova, 28-30 october 2010.
- *The functional role of kinetotherapy in the lumbar disc hernia*, „The 2<sup>nd</sup> International Congress and exhibition on kinetotherapy with International Participation”, Căciulata, 7-9 mai 2010.
- *The importance of a complex kinetotherapy in the recovery of coxarthrosis*, „The 2<sup>nd</sup> International Congress and exhibition on kinetotherapy with International Participation”, Căciulata, 7-9 mai 2010.
- *The importance of a complex kinetotherapy treatment in the recovery of the post-traumatic painful shoulder*, „The 2<sup>nd</sup> International Congress and exhibition on kinetotherapy with International Participation”, Căciulata, 7-9 mai 2010.
- *Muscle strains* (coautor), „The 1-st International Congress and exhibition on kinetotherapy with International Participation”, Căciulata, 6-7 iunie 2009.
- *The psoas is involved in most back pain* (coautor), „The 1-st International Congress and exhibition on kinetotherapy with International Participation”, Căciulata, 6-7 june 2009.
- *Basic strength training principles* (coautor), „The 1-st International Congress and exhibition on kinetotherapy with International Participation”, Căciulata, 6-7 june 2009.
- *The benefits of stretching* (coautor), „The 1-st International Congress and exhibition on kinetotherapy with International Participation”, Căciulata, 6-7 june 2009.
- *Chest physical therapy* (coautor), „The 1-st International Congress and exhibition on kinetotherapy with International Participation”, Căciulata, 6-7 june 2009.
- *Improving health in patients with ethanolic steatosis with aid of physical exercise*, International Conference „Physical education, sport and health”, Pitești, 21-23 november 2008.
- *The individual fitness and the level of testosterone*, International Conference „Physical education, sport and health”, Pitești, 21-23 november 2008.
- *Point of view regards pathology of scoliosis* (coautor), International Conference "Physical Exercise – modern and complex way of promotion of health", Craiova, june 2008.
- *Principles and realise of orthosis for restore in idiopatic scoliosis* (coautor), International Conference "Physical Exercise – modern and complex way of promotion of health", Craiova, june 2008.
- *Physical exercices in idiopatic scoliosis* (coautor), International Conference "Physical Exercise – modern and complex way of promotion of health", Craiova, june 2008.
- *Physical exercice and weight* (coautor), International Conference "Physical Exercise – modern and complex way of promotion of health", Craiova, june 2008.

**Research Areas:** Kinetotherapy , Medicine.

**Research Specialties:** Kinetotherapy , General Medicine, Peditry, Infections Diseases, Management.

**Grants, Honors and Awards:**

**Extra-Curricular:** Official member of Balcanic Medical Union.

**Administrative experience:** long experience in leading medical services, many participations at conferences and trainings about management themes.

14.02.2012

Traila Liviu Alrxandru